

## **Hall County Recognized For Health-Based Initiative**

January 18, 2013

Hall County Government was recognized Thursday morning at Celebrate Healthy North Georgia, an annual wellness event that educates, communicates and celebrates the multiple aspects of wellness and how it can be incorporated into the everyday lives of the people in the community that we serve.

Hall County was honored for its health-based initiative Healthy Hall County, which is geared toward Hall County employees, their dependents and retirees. Its purpose is to create a healthier and happier work force by providing employees with the tools they need to successfully reach their overall fitness goals. The program includes free access to community health centers and free boot camps and fitness sessions led by Greg Cochran, director of personal training for OLD SKL Fitness. Healthy Hall County also includes incentives for employees who actively participate in the program.

"Hall County is honored to be recognized as a leader in the community for promoting health and wellness," said Hall County Human Resources Director Bill Moats. "We are appreciative of our county commissioners, administration and community center staff for their support."

Moats and Hall County Human Resources Coordinator Shenna Adamson attended Thursday's event and accepted the certificate on Hall County's behalf.