

Hall County Receives Most Fit Company Award

October 9, 2013

Hall County Government received the Most Fit Company Award from the Greater Hall Chamber of Commerce Wednesday morning during the HealthSmart Breakfast at the Gainesville Civic Center. Hall County was the recipient of the award in the Large Company category (251+ employees).

According to officials with the Greater Hall Chamber of Commerce, judging criteria for the award included wellness, nutrition and fitness opportunities for employees.

Hall County Government was commended during the awards ceremony for their Healthy Hall County program, the County's health-based initiative geared toward Hall County employees, their dependents and retirees. The program includes free access to community health centers and free boot camps and fitness sessions at the Hall County Government Center and community centers. Local businesses also partnered with the County on the program, offering discounts to employees who participate. In addition, Hall County offers incentives for employees to participate in Healthy Hall County. Those incentives include drawings for \$50 gift cards, electronics and more.

Hall County also offers a number of other health and wellness initiatives outside of the Healthy Hall County program. An annual wellness fair is held for employees, offering health screenings and other informational materials. Hall County is also a Drug-Free Workplace, and an AED is located on every floor of the Hall County Government Center, providing lifesaving technology in the case of a medical emergency.